

COVID Update #4 - March 10th, 2021

To all of our valued customers -

With the easing of restrictions in Stage 1 that were released on February 6th, we have resumed our programming for 2021!

Under the current guidelines we do have to operate smaller class sizes, have staggered start and end times and no spectator viewing is allowed at this time. All of the enhanced cleaning protocols are being adhered to so that we can keep everyone as safe as possible while they are in our building. While we are doing our part of cleaning, masking and socially distancing, we need all of you to do your part as well, and that is - please stay home if you are experiencing any symptoms on the daily screening checklist!

Again, we can't thank everyone enough for their continued patience and support as we all work our way back through this past year. As always, please don't hesitate to contact us if you have any questions or concerns.

Thank you,

Michelle, Jim and Staff

Mountain Shadows Gym Club