

Spring 2018 SCHEDULE

Mountain Shadows Gymnastics Club
 18 Crystalridge Drive, Okotoks, AB
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Website: www.mountainshadowsgymclub.com

<i>Classes</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Saturday</i>
Busy Bees Ages 18mths - 3yrs 3mths <i>**parent required**</i>	10:00-11:00 \$170.50	9:00-10:00 \$170.50	9:00-10:00 11:00-12:00 4:15-5:15 \$170.50	10:00-11:00 \$170.50	9:00-10:00 10:00-11:00 \$170.50
Mighty Mites Ages 3yrs 3mths - 5yrs <i>**no parent required**</i>	9:00-10:00 11:00-12:00 12:45-1:45 \$170.50	10:00-11:00 12:45-1:45 \$170.50	10:00-11:00 12:45-1:45 4:15-5:15 \$170.50	9:00-10:00 \$170.50	9:00-10:00 10:00-11:00 11:00-12:00 \$170.50
Girls Recreational Gymnastics Ages 5 - 7 years	1:45-3:00 4:00-5:15 5:15-6:30 \$181.50		1:45-3:00 4:00-5:15 5:30-6:45 \$181.50	12:45-2:00	9:00-10:15 10:30-11:45 \$181.50
Girls Recreational Gymnastics Ages 8 years and Up	4:00-5:30 \$198.00		4:00-5:30 5:30-7:00 7:00-8:30 \$198.00		9:00-10:30 10:30-12:00 \$198.00
Above the Bar-Int/Adv - Turquoise level or higher (8yrs & Up)			7:00-9:00 \$236.50		10:30-12:30 \$236.50
Boys Recreational Gymnastics Ages 5-7 years			4:00-5:15 5:30-6:45 \$181.50		9:00-10:15 \$181.50
Boys Recreational Gymnastics Ages 8 years and Up			5:30-7:00 \$198.00		9:00-10:30 \$198.00
Advanced Boys Gymnastics - Purple level or higher (8yrs & up)			7:00-9:00 \$236.50		
Flip, Flop & Fly Ages 5 years and Up					10:30-12:00 \$198.00
DROP-IN TIMES Public drop in and NEW Pre- school & Adult drop in	8:30-9:30pm \$10/person 18 yrs & up	11am-12:15pm \$6/person 0-5years	9:00-10:00pm \$5/person 13 yrs & up	11am-12:15pm \$6/person 0-5years	12:30-2:15pm \$8/person All Ages

Spring 2018 Program Start and End Dates -

Preschool Session Start and End Dates:

Mondays - Apr. 9th - June 25th, 2018 (11 weeks)
 Tuesdays - Apr. 10th - June 19th, 2018 (11 weeks)
 Wednesdays - Apr. 11th - June 20th, 2018 (11 weeks)
 Thursdays - Apr. 12th - June 21st, 2018 (11 weeks)
 Saturdays - Apr. 14th - June 23rd, 2018 (11 weeks)

Recreational Session Start and End Dates:

Mondays - Apr. 9th - June 25th, 2018 (11 weeks)
 Wednesdays - Apr. 11th - June 20th, 2018 (11 weeks)
 Thursdays - Apr. 12th - June 21st, 2018 (11 weeks)
 Saturdays - Apr. 14th - June 23rd, 2018 (11 weeks)

****All Classes are cancelled on Monday May 21st for Victoria Day!!**

Mountain Shadows Program Information -

Programs are all subject to GST! A \$29.00 AGF Insurance Fee as well as a \$8 GCG fee WILL BE ADDED to the cost for NEW participants! This is an annual fee (July 1st-June 30th) paid once a year only. To register, you MUST first set up an account and then add your child(ren). From there you can complete the online registration process. **Classes must be paid for in full when you register!** Payments can now be made on-line

Family Discount - A 10% discount will be offered for families with more than 1 child, the lesser of the fees will be discounted.

REFUNDS - less a \$25.00 administration fee, will only be granted with 20 days notice of class start date.

Exception: medical with a doctor's note (remaining classes less admin fee).

**Mountain Shadows reserves the right to cancel or change class times or days if registration numbers are insufficient or coaches become unavailable. Full refunds will be given if an alternate class can not be found.

Birthday Parties & Small Group Bookings (15 participants)

2 hrs \$185.00 plus GST **Takes effect January 1st, 2018! **

Fee includes 1 instructor for activities and use of the party room. Time spent in both areas is included in your booking time. **Please be aware that parties are booked back to back so you MUST be out at the end of your allotted time. Bookings beginning January 2018 will now be booked through our online system. We will still call to confirm all bookings the week of your party. Bookings must be paid for in full at the time of booking. A refund less the non-refundable \$50 deposit will be issued if the booking is cancelled a minimum of 2 weeks in advance.

****An extra coach can be added for up to a maximum of 20 participants for \$25/hr****

Gymnasium Rentals (large group bookings - 20+ participants)

This rental is ideal for team wind-ups, school field trips, Christmas parties and Youth groups. Cost does not include the instructor fee. Add an extra \$25.00/hr per coach. Coach to child ratio is 1:15. All prices are subject to GST!

1hr \$160.00 1 ½hrs \$190.00 2hrs \$210.00 2 ½hrs \$230.00 3hrs \$260.00

About Us.....

McLuskey. Jim has over 50 years experience coaching competitive and recreational gymnastics. He is a Level 3 certified coach in the National Coaching Certification Program and also has a degree in Bachelor of Arts and Bachelor of Education. All of the Mountain Shadows staff are certified in the National Coaching Certification Program and are members of the Alberta Gymnastics Federation. All coaches, assistants and volunteers have also completed the Respect in Sport Certification. Coaches are here to encourage children of all ages and abilities in the sport of gymnastics in a fun and caring environment with a strong focus on strength, flexibility and individual achievement. We look forward to a great session with the kids!!